# Wellman-Union CISD Athletic Philosophy

The philosophy of the Wellman-Union athletic department is to teach all players to win. Winning comes from the learning and application of fundamental skills, developing certain character traits and acquiring positive attitudes. Winning is most often recognized by the score of the game, however players also learn to win when they are able to handle a tough defeat, or overcome what seems to be an impossible situation. This is done by learning to be a team player. By participating in Wellman-Union athletics, the player will learn the many aspects of becoming a winner, both on and off the playing field.

# **Disciplinary Action**

Coaches will review all facts and circumstances surrounding violations and impose appropriate disciplinary action. Coaches will strive for consistency in handing out consequences for Athletic Handbook violations, but will also exercise sound professional discretion. Violation of rules by a student-athlete participating in athletic activities will be subject to disciplinary action.

In the event a student-athlete is removed from the district by law enforcement officials, the student-athlete will not be allowed to participate in any athletic activity upon returning to Wellman-Union ISD until they meet all Local, Athletic and UIL policies.

The superintendent, principal, or athletic director will not ordinarily interfere in a coach's judgment regarding appropriate discipline but has the authority to increase or decrease the punishment based on his or her assessment of the situation.

# Wellman-Union ISD Athletic Goals

- Goal # 1 -For athletes to show good sportsmanship, have a sense of fair play and to properly conduct themselves before, during and after athletic contests.
- Goal # 2

  -To teach our athletes the importance of developing responsibility, to have self-discipline, make sacrifices, have good habits and show enthusiasm for what they do.
- Goal # 3

  -To build self-esteem with the knowledge that each athlete is an important part of the team and to establish a sense of pride regarding their team, school and community.
- Goal #4 -To develop a strong commitment to the program and to their teammates in order to achieve a common goal.
- Goal #5 -To teach values which will carry beyond high school athletics and have the athlete become a positive role model for other students.
- Goal # 6 -We believe student athletes should reach certain goals and experience certain things from athletics. These goals will help to maximize the abilities of each athlete and create a winning attitude.

# Wellman-Union ISD Athletic Policy

## I. Qualifications

#### A. Grades:

An athlete must pass all classes in which he/she is enrolled. If an athlete fails 2 six week periods within a semester, then the athlete is eligible for removal from the sport and/or athletic program.

#### B. Attitude and Leadership:

- 1.) Each athlete must realize they are a role model for younger kids and peers.
- 2.) Each athlete must maintain desirable attitudes and a spirit of cooperation in all classes and sporting events.
- 3.) Each athlete must realize the commitment he/she makes to the school, community and team when joining the program.
- 4.) Each athlete must be willing to work as a contributing member of a team. Their attitudes and work ethic must reflect the standard of excellence we strive to achieve

# II. Expectations & Requirements

- **A.** All athletes will be expected to do all workouts and are encouraged to participate in all team sports.
- **B.** All athletes will be expected to attend study halls / tutorials when required.

#### III. Practices

- A. Practices are held for every sport both during the school day and outside the school day. All practices are mandatory. If an athlete is going to miss any practice, he/she is expected to notify a coach prior to the absence. If the athlete is ill, the coach should still be contacted, either by the student or by their parent/quardian.
- **B.** If an athlete misses practice, he/she will be expected to make up the missed conditioning for the absence.
- C. If an athlete misses practices immediately preceding an athletic competition, he/she should understand that their playing time or participation may be limited.
- **D.** If an athlete is unable to participate in practice, he/she is still expected to be there and watch practice, if possible.
- **E.** Tardiness to practice will result in consequences such as extra conditioning.

## IV. Other Consequences

- A. Wellman-Union athletes are expected to adhere to all school rules. Violations of school rules will result in discipline during the athletic period.
- B. Any athlete who is put in ISS or DAEP will be disciplined during the athletic period, because this would be an example of conduct unbecoming of a Wellman-Union athlete. In addition, the student athlete will be eligible for suspension from athletic competition at the discretion of the coach. If the athlete is sent to ISS and/or DAEP more than once in a school year, then he/she is eligible for removal from the athletic program.
- C. Any athlete who is found to be using alcohol, tobacco or any other drug either in or out of school will face consequences. The first offense can include, but is not limited to conditioning and/or suspension from athletic competition. The second offense, the student is eligible for removal from the program. The student also recognizes he may not participate in any competitions until the punishment has been completed.
- D. Any athlete who is caught stealing will be eligible for immediate removal from the program.
- E. Any Wellman-Union athlete arrested for criminal activity may be suspended from the athletic program. If one is convicted of criminal activity, he/she may be removed from the athletic program for one year. Re-entrance into the athletic program will be determined by the coaching staff.

## V. Conduct At and During Athletic Competitions

- A. All Wellman-Union athletes are expected to demonstrate sportsmanlike conduct and loyalty to their team in any athletic competition.
- **B.** When other teams are playing, teammates are expected to sit together in the assigned area until they go to compete.
- **C.** All players are expected to stay within the confines of the facility until everyone leaves together.
- D. All athletes are expected to ride the bus both to and from the game, unless there is an emergency. If they don't ride home with the team, they must leave with their parent/guardian. They will not be permitted to ride home with anyone besides a parent/guardian unless prior arrangements have been made through the school.
- **E.** As a representative of the Wellman-Union athletic program, all school rules are expected to be followed.
- F. Improper behavior directed at officials, other players, other coaches or fans will not be tolerated. Any exhibition of this type of behavior can result in suspension from athletic competition, either in the current competition or the following one. Conditioning may also be a consequence of this behavior. This will be determined by the Coach.
- 6. By choosing to be part of Wellman-Union athletics, you commit yourself to being at all athletic competitions that you are involved in. Missing a game can result in serious disciplinary action. It is imperative that each athlete understand their responsibility to the team and that a sense of trust is built amongst team members. Activities outside of school competitions are not to be prioritized above school activities.
- H. During games the issued uniform will be worn. If it is not issued to you for competition, it must be cleared by the Coach. I want all athletes united and looking as one. Also, this will minimize the chance of being in UIL violation.

### VI. Quitting a Team

A student has 10 days from the first day of the season to practice with a team, without consequence, if they decide to leave the team. Any participant who quits a sport after the 10 day "grace period" will not be allowed to participate in any other sport until the season has ended in the sport, which he/she quit. The only exception to this will be if he/she quits upon the recommendation of the coach. An athlete will be reinstated to the athletic program only with the approval of the Athletic Director and the Head Coaches involved. The athlete must receive approval and then make up the work that was missed before he/she will be reinstated in the program. He or she must also run twenty miles that is monitored by a Wellman- union coach before they can participate in the next sport.

### VII. Lettering Requirements

To receive a letterman jacket or additional letterman patches for a season, the student-athlete must meet the following requirements.

- The Student-Athlete has remained in good standing with the coaches during the year
- The Student-Athlete has remained in good Academic standing during the season
- The Student-Athlete has participated in Varsity athletics during the season, meeting the requirements put forth by the head Coach of their respective sport
- Managers or injured athlete's may receive the same Lettering Reward from a sport if they follow the same guidelines as a student-athlete
- WUISD reserves the right to withhold a jacket if our standard is not upheld at any time
- The Final say in Lettering eligibility will be decided by the Athletic Director

# Wellman-Union ISD Athletic Contract

#### Section 1: Athlete

- 1.) I am aware of the time and commitment involved in being a part of the Wellman-Union athletic program.
- 2.) I will attend all practices and competitions that I am expected to be at.
- 3.) I will be on time for practices, games and departures.
- 4.) I will cooperate with my teammates and coaches, while striving to abide by the Wellman-Union ISD athletic goals and expectations.
- 5.) I will maintain high academic standards throughout the year.
- 6.) I understand that my position as an athlete requires me to maintain a high standard of accountability both during and outside of athletic activities. I also understand my responsibilities as a role model for younger student athletes and am fully aware that if I break my obligations to the team, coaches, or program that I will be held accountable through the discretionary discipline of the coaches.

1 have received a copy of the weimlan officin 100 fitheric
Policy. I accept the responsibility for reading it. I also agree
that I am responsible for abiding by its stipulations.

Thave received a conv of the Wellman-Union TSD 4thletic

Signature of Athlete	Date

#### Section 2: Parent

- 1.) I am aware of the responsibility my son/daughter is undertaking in choosing to be a part of the Wellman-Union athletic program and I am supportive of this decision.
- 2.) I have read the Athletic Policy and understand the rules and regulations that my son/daughter will be accepting as a part of the program.
- 3.) I understand and will work to support the goals of the Wellman-Union ISD athletic programs.
- 4.) I give my consent and support for my son/daughter to be part of this program.

Signature of Parent	Date